Fruit of the Spirit Lunchbox Notes

24 printable lunchbox notes · free from Honest Little Apps

1. Print at 100% (Actual size) on paper or card stock.
2. Cut along the light lines. Each note is 3.75 × 2.5 inches.
3. Sign the “From” line and tuck one in each day.

Ninefruit: Fruit of the Spirit
Don't just learn the fruit of the Spirit. Practise them, one a day, with Ninefruit.

Free for personal, classroom and church use. honestlittleapps.github.io/lunchbox-notes/fruit-of-the-spirit-lunchbox-notes/

Today's fruit: LOVE

Help someone without being asked.

From: _____

Today's fruit: JOY

Find one thing to laugh about.

From: _____

Today's fruit: PEACE

Take three slow breaths before you react.

From: _____

Today's fruit: LONGSUFFERING

Be patient with someone who's slow.

From: _____

Today's fruit: GENTLENESS

Use a soft voice when you're upset.

From: _____

Today's fruit: GOODNESS

Do the right thing, even if no one sees.

From: _____

Today's fruit: FAITH

Say a tiny prayer before a test.

From: _____

Today's fruit: MEEKNESS

Let someone else go first.

From: _____

Today's fruit: TEMPERANCE

Wait your turn without complaining.

From: _____

LOVE in action:

Invite someone to play.

From: _____

JOY in action:

Thank your teacher today.

From: _____

PEACE in action:

Help two friends stop arguing.

From: _____

PATIENCE in action:

Raise your hand and wait.

From: _____

GENTLENESS in action:

Be careful with someone's things.

From: _____

GOODNESS in action:

Pick up litter you didn't drop.

From: _____

FAITH in action:

Remember God is with you at school.

From: _____

MEEKNESS in action:

Say "you were right".

From: _____

SELF-CONTROL in action:

Save the last cookie for later.

From: _____

"The fruit of the Spirit is love, joy, peace..."

Galatians 5:22

From: _____

"...longsuffering, gentleness, goodness, faith..."

Galatians 5:22

From: _____

"...meekness, temperance..."

Galatians 5:23

From: _____

Which fruit did you see today?

Tell me after school!

From: _____

"I am fearfully and wonderfully made."

Psalm 139:14

From: _____

"A friend loveth at all times."

Proverbs 17:17

From: _____